



## **General Packing List for** **Swim Meets:**

- *Team swimsuit (if you have one)*
- *Team swim cap (bring a spare cap)*
- *Goggles (2 pairs)*
- *Two towels (one for on deck and one for afterwards)*
- *Tritons t-shirt (if you have one)*
- *Sweatshirt to keep warm between swims*
- *Snacks*
- *Water bottle*
- *Entertainment- ex. Book or quiet game- nothing valuable, it could get wet!!!*